How to Choose the Right Shower Chair

What is the purpose of a shower chair?

Shower chairs provide assistance to those who need to sit while bathing. These chairs increase safety for individuals who are at risk for slips, trips and falls.
What kind of shower chair do I need?

Types of Shower Chairs
There are different types of shower chairs to aid people with varying levels of mobility. Choosing the right one will make all the difference.

1: Choose Based on Environment
Your bathroom environment will determine what style shower chair is right for you.

Make sure product will fit comfortably.
If other family members share the bathroom, consider choosing an item that can easily be removed from the space.
Bathtub

Measure the width of the base of the tub (from the inside). For proper fit, ensure the outside leg dimensions of the product are smaller than the base width of the tub.

Transfer Bench
Ensure there is enough room outside the tub for safe transfer. Measure the distance from the top of tub to the floor. This measurement must be more than the product seat height specifications to ensure proper clearance.

2: Choose Based on Mobility & Support

<table>
<thead>
<tr>
<th>Least Support</th>
<th>Moderate Support</th>
<th>Most Support</th>
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<tbody>
<tr>
<td>Functional Mobility &amp; Balance</td>
<td>Moderate Mobility &amp; Balance</td>
<td>Restricted Mobility &amp; Balance</td>
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<tr>
<td>Small shower &amp; narrow tub solution</td>
<td>Post-surgery or low-risk fall solution</td>
<td>Post-surgery or high-risk fall solution</td>
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3: Choose Based on Weight Capacity

The weight capacity of standard shower chairs ranges from 250 to 400 pounds with additional bariatric models available.
4: Choose a Standard or Specialty Model

- **Rotating Seat**
- **Sliding Seat**

Shower chairs with a rotating or sliding feature allow for easier transfer and aid in preventing friction and shearing injuries.

**Helpful Hints**

- **Bath Stools & Shower Chairs**
  Adjust the height to ensure your feet are flat on the floor.
  Make sure all legs are at the same height.

- **Transfer Benches**
  Be aware of the difference between the floor of your bathroom and the floor of the tub when adjusting legs.

**Additional Features to Choose From**

- **Water Drainage Holes**
- **Contoured Seat**
- **Padded Seat and Backrest**
- **Armrests**

**Safety Considerations**

1. Ensure the leg extensions are securely locked into place.
2. Be sure all leg extensions are touching the floor.
3. Rubber tips aid in preventing slipping upon entry and exit of the tub or shower.
**Additional Bathroom Safety Items**

**Shower Sprays**
Pair a shower spray with a shower chair to aid in cleansing. Some products feature a shower spray cutout to allow for ease of access.

[Learn More](#)

**Tub Rails**
Pair a tub rail with a bath stool or shower chair to aid in transfer in and out of the tub.

[Learn More](#)

**Bellavita Bath Lift**
A premium option for individuals who want to enjoy a true bath experience, the Bellavita (477200252) allows the user to independently sit all the way down in the tub, soak and recline.

[Learn More](#)

**Bath Mats**
Pair a shower chair with an AquaSense bath mat that accommodates specialized bath seating without compromising stability.

[Learn More](#)